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COLUMN ONE

Magnoliidae

PRE-SEPARATION



The first column (Subclass) contains the most primordial and ancient (primitive) plants of the Dicotyledons in terms of botanical evolutionary development. They are generally considered a relic of even more primeval plants, from which more advanced plants arose. Some of the Families are so primitive that they are thought to be a transitional group *between* the Dicots and the Monocots. The flowers of the Magnoliidae display archaic structures, with an unstable, often large number of petals, stamens and ovaries, along with primitive fruit structures and ancient water-conducting systems in the stems.

The main themes of the column reflect the primordial, immature and naive state of the Ego and its struggle to separate from the oneness. Although every Order has its own attributes (based on the evolutionary timeline and maturity along the column), the following themes persist throughout the column (see elaboration in the introductory chapter):

COLUMN ONE THEMES

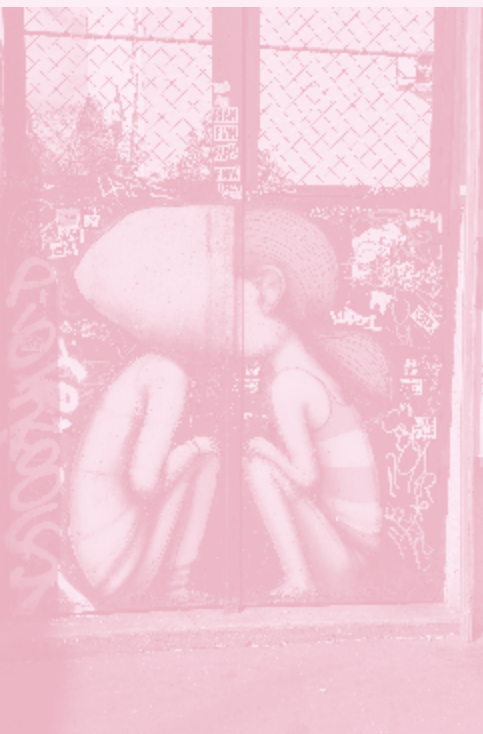
- Primordial. Confused, not here. Escapism, drugs
- Primordial, ideal existence, oneness, to be a part of...
- Weak Ego, weak will, weak mind and strong impulses
- Weak mind, incapacity for introspection
- Inability to protect themselves, no defense – reacting with control
- Exposed, no boundaries, no skin. Irritable, oversensitive
- Control
- Fears and anxieties
- Hormonal, uterine and fluid problems. No vessel

Primordial. Confused, not here. Escapism, drugs

The first column is in an initial state, still without form or structure. The Ego has not completely separated from the whole (the Self): it is potential rather than actual, not here yet, not fully incarnated. This is a 'timeless' column, where time is experienced vaguely. The body is not fully saturated with consciousness, leading to a tendency to daydream, with out-of-body, floating sensations, desensitisation and paralysis.

The first column sets the basis for the Ego structure (desires, emotions and mind) in its most elemental form. Emotions and mind are not yet consolidated, leading to mental confusion, problems with concentration, physical confusion (*Losing his way in well-known streets*), disorientation, alienation, and feeling strange in this world. Column One retains a link to the elemental consciousness





expressed also in the human subconscious. Hence clairvoyant states, prophesying and drug-like qualities are observed (mood-altering drugs are agents used to lure the consciousness into other worlds). There is an unwillingness to partake in the life of this world, with escapism and a tendency for various addictions – from reading to alcoholism and drug abuse.

Primordial, ideal existence, oneness, to be a part of..

There is a pull to remain in the non-separated stage and be a part of any form of oneness, be it a community or a relationship. There is a search for ideal, non-dual existence (ideal = non-dual). Duality is not tolerated, nor is conflict. ‘Two-ness’ is not yet perceived. *Desire for idyllic relationships and situations, seeking an ideal, often spiritual world* (Scholten) which echoes the primordial union. *Better by warmth* (but not by heat), which expresses the desire to return to the womb or the initial union with the all-giving feminine. The need to be guided and the need to lean on strong people can be understood in this context.

Weak Ego, weak will, weak mind and strong impulses

The first column relates to the inception, launching and formation of the Ego (the urges, emotions, mind and nervous system). The Ego consciousness that operates in humans as a vessel for the urges is primordial, unstructured and immature. Although the Ego doesn’t have much control at this early stage – the survival instinct is still primary – the urges are strong, sensual and often unruly, with a tendency for unstable impulsiveness. The mind, on the other hand, is weak, not structured yet, unfocused and not fully conscious, as are the person’s self-identity or sexual identity. (*Puls*: easily influenced; *Asar*: uncertain about his and his father’s name [Grandgeorge]). The weak Ego and unfocused mind are not conducive to dealing easily with the world, so when hurt or injured they escape the body or the mind. The weakness, defencelessness and powerlessness, as well as the first separation, indicate the psoric nature of the column.

Weak mind, incapacity for introspection

As Ego awareness is just awakening, and the mind is in its initial stage of formation, the introspective ability is limited. Thoughts and even emotions are not easily articulated, and the mind is unfocused, leading to attention disorders and problems at school. Even when asked to describe their feelings, they can’t explain; they just feel. Fearful of forgetting, the patient comes ready to the interview armed with lists and notes.

Inability to protect oneself, no defence – reacting with control

A general sense of incapability prevails, with earthly tasks perceived as too burdensome. One’s hold on the world is not yet established, thus nausea and vertigo occur often. The weak Ego offers neither protection nor the ability to stand up for oneself. Physical instability or allergies and immune problems are prominent, reflecting the lack of protection from the world.

Exposed, no boundaries, no skin. Irritable, oversensitive

One has no boundaries yet. Typical expressions are: “I don’t have a skin”, “I am thin-skinned”, “I am oversensitive” – as though the nervous system is exposed (*Acon*, *Staph*, *Myris*). The intense sensitivity and emotionality lead to restlessness, mood swings, impressionability, excitability, extreme irritability, uncontrollable anger or easy offence.

The slightest cause can irritate, leading to departure from the body or the mind, loss of concentration and escape from reality. Remedies in this column are indicated for severe concentration problems (similar to the gases among the mineral remedies). The vital sensation is disintegration or dissolution, lack of control, dissolving into the surroundings, and the reaction is an attempt to be in control.

Control

The compensation for the sense of powerlessness is a strong need to be in control – not so much over others as over one’s own world and immediate surroundings, out of fear of dissolving away. When stressed, the need for control increases, which is another reason why such patients will arrive at the homeopathic interview armed with lists, controlling and telling the homeopath what to write down (*Puls*).

Fears and anxieties

Being so completely exposed, multiple fears and unexplained anxieties are prominent, not only in such well-known remedies as *Acon*, *Chel* or *Op*, but in the entire column. The lack of boundaries frequently invites offence and hurt from the world, which in turn increases the already inexplicable anxiety. When one is not here, when one is ungrounded, the here-and-now can bring up many fears. These fears often stem from the feeling of being a stranger in an unknown place (including planet Earth!).

Hormonal, uterine and other body-fluid problems. No containing vessel

The first column is feminine by nature: the foundational, elemental energy, as it begins to generate and beget life, clothes itself in a feminine quality. The feminine has a containing, vessel-like quality, and when this quality is imbalanced its physical manifestation will be through pregnancy, birth, menstruation, uterus, female sexuality and the hormonal system. The body’s circulatory systems, blood vessels and other fluids (a manifestation of the feminine) are also affected.





Magnoliales

Annonaceae: *Asim, Guat*

Magnoliaceae: *Magn+*

Myristicaceae: *Myris, Nux-m*

Column One: Ancient, primal, feminine, 'watery', life-giving quality. Confusion and lack of borders. Instability. Indistinctive, indiscriminate, no vessel, shapeless. Influenced. Spaced out. Escapism. Disorder/ control.

Row 1: Before life, before birth – not ready. Not ready to be born, to start processes. Premature. Pregnancy, birth and womb issues, too-early birth, induction. Not present in the world, before life, death, connections to the other realms. Primordial fears. Under the rule of the subconscious; mythical/ shamanistic/ otherworldly elements. Location: First stage of the first column. The Ego's formation having just begun, it is in a 'pre-' state. This very primal stage brings out the column's themes in their extreme form.



The *Magnoliales*¹ present a primordial and archaic fruit structure, with single or aggregated berries arranged in a cone-like formation, and a primitive flower structure. They are remnants of a primeval era dating back to 150 million years ago, when flower-bearing plants made their very first appearance, adapting to the large insects of this era. Mostly trees and shrubs, with pantropical distribution, they are largely confined to lowland rainforests and other humid habitats. Some species are valued for their fruits or timber, and others for their fragrance (i.e. Ylang ylang), ornamental or medicinal properties. Nowadays magnolias are grown even in northern gardens.

THEMES

Stranger in a strange land

The first row contributes to the feeling of being a stranger in a strange land. Naive and undefined, they encounter the world in a kind of daze, puzzled, as if they do not understand why this world is not as ideal as it should be and what is expected of them here. All of this creates anxiety – while the world around him does not understand what it is that they don't understand... There is a desire to participate in this world, but no knowledge of *how* to do it. Such people may experience themselves as not belonging to this world, feeling odd, strange and estranged.

Primordial naivety. Indiscriminate mind

Given that the *Magnoliales* represent the seed of consciousness for Ego building, the mind is still indistinct and indiscriminate rather than clear and differentiated. There is an inability to say 'no', decide between good and bad, and erect boundaries. The connection is to an ancient sort of consciousness, with lacking awareness of this world. An undefined, poorly resolved, unconscious and naive energy permeates the case.

Difficult concentration, forgetfulness, weakness of mind, fuzziness

One is allied more to the undercurrents of the subconscious than to waking consciousness: thinking is unclear, it's difficult to find a centre, to concentrate with great difficulty feeling centred and focused. One is easily distracted, with a diffuse energy that points out the weakness of the containing vessel. The

1. In the APG systematics, the *Magnoliales* is one of four Orders in the Magnoliids clade (which also includes *Laurales*, *Canelales* and *Piperales*).

mind is 'dizzy', dull, confused and unfocused. (The reason one can easily feel lost and confused is that at this early stage of evolution time and space are not yet defined.) There are difficulties with articulating thoughts and feelings (even though these are strongly present), because everything is still unclear and indistinct. Cognitive abilities are likewise not yet fully developed.

Premature, not ready

There isn't yet a readiness to be in this world, and consequently a tendency to retreat to an inner world. Inability to stand up against outside forces, be it life impressions, spouses or parasites, resulting in a sensation of powerlessness and weakness. Thus the morning aggravation – when needing to get up and start the day, get to work or to school.

Incapable, powerless, feeble

The primal creative energy of the first column is diffuse, with the containing vessel not yet fully formed. This brings about feebleness: physical weakness, emotional weakness, and feelings of incapacity when acting or protecting oneself. The mind as well is weak, dazed, disorganised and unstable.

Vertigo, dizziness, ungrounded, fainting

Fainting easily, loss of consciousness: easily leaving the body. Vertigo (as in the beginning of the Carbon series) all representing the ungroundedness of the *Magnoliales*, both physically and mentally, as does the left-sided affinity (the feminine, flowing, 'unstable' side of the body).

Fears and anxieties

The first row still has a link to other worlds and to the time before birth, hence many inexplicable fears and anxieties are seen. The lack of presence in this world leads to estrangement: "Strangers in a familiar place, now alienated and frightened, as in a horror movie" (Azrieli). This is augmented by feelings of inability to cope with the world, confusion, being lost, and not being here quite yet. This can cause a retreat into a spaced-out, disconnected state, as if in a bubble. There is fear of fainting, as if one is going to die, due to the knowledge that leaving this body is so very easy.

Asimina triloba

The remedy produces issues that arise when there is a lack of boundaries. The remedy's symptoms are mainly derived from children who ate the fruits indiscriminately.

The skin (the body's boundary) produces pustular itching acne, scarlet-coloured eruptions, with fever and long-lasting diarrhoea. The fluids of the body are in overdrive: the throat is sore and swollen, oedematous, causing hoarseness.

The mind produces languid and haze, absent-minded and detached states: "Did not care to hold conversation with anyone, even his best friends" (Allen). Irritable, unrefreshing sleep due to persistent thoughts: "Could not dismiss from my mind what had occurred during the day" – the mind is not shielded from the world as it lacks boundaries, thus the tendency for headaches.

The mind is 'uncooked': *Thoughts – persistent – occurrences of the day at night; of the.* **Bad memory:** Keeps forgetting people and names, perpetually surprised. For the *Magnoliales*, just living in this world is baffling; they feel that they just don't 'get' things. Odd, confused, abnormal feeling in this world. Out-of-the-world notions such as: "I don't need food to survive." Dreams of flying.

There is a great need to be part of a community, to be a normal part of society, while underneath lurks a feeling that something is not normal with them (from cases: Dinesh Chauhan and Linda Johnston, RefWorks). They felt odd and were thus striving to feel normal.

Asimina triloba (formerly *Annona triloba*) (Asim)

Pawpaw

Family: Annonaceae



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A North American tree with large, edible protein-rich fruits, full of big black seeds.

Asimina is related to the Annona and the Custard apple.

2. Symptoms for the case:

Skin; Eruptions, eczema
Skin; Itching; warmth; agg.
Skin; Redness

Extremities; Eruptions, eczema; moist
Skin; Itching; undressing; agg.
3. The nature of the first column is generally psoric. This case demonstrates the first transition into Psora (poverty, skin problems) – the initial action of separation of the person from the source (Sherr) – and how it is working through the isolating leprosy quality seen in this case (feels rejected and full of shame). Initiating the journey of development and growth of the human soul – as it is seen in the Table (Yakir).

Mosannonna depressa (syn *Guatteria gaumeri*) (Guat)

Guatteria, Yumel

Family: Annonaceae

Native to subtropical or tropical moist lowland forests in Mexico and Ecuador, it is now threatened by habitat loss. The bark of the tree was used in traditional medicine for kidney and gall stone pathology, and as part of treating Leishmaniasis. Recently proved to have a cholesterol-lowering effect. It was also for the treatment of hypercholesterolaemia and cholelithiasis, but suggested foetal toxicity advises caution.

Magnolia grandiflora (Magn-gr)

Southern magnolia

Family: Magnoliaceae



MAGNOLIA BLOOM IN LONDON
© MICHAL YAKIR.

CASE

A religious Jewish man in his late 20s. Gentle, shy and naive. He is vital, and though he feels depressed at times because of his condition, when he speaks about music he lights up and becomes animated. His main complaint is atopic dermatitis on his back, chest and upper limbs, with redness and itching eczema, aggravated by heat, warmth of the bed, and when undressing. It looks like mosquito bites, scabbing and oozing a yellow discharge. His skin is very sensitive to certain metals. He scratches until it bleeds and then feels shameful and almost rejected because of it.

As a child, his family immigrated to Spain to a small, affluent Jewish community. Because his family was poor, the community helped them with clothes and charity. He felt shame about it, rejected and ostracised, and different from everybody else, including his own family. To this day he feels like the black sheep of the family because of his sensitivities and not having succeeded in life. “I feel people are looking at me differently.” But he has no resentments, even towards his mother, who he is taking care of: he is caring and good-natured.

In the interview he said: “I have not started my life yet.” He works in a job he doesn’t like. He is unmarried, has never had a girlfriend, and lives with his mother. Despite not having a partner, due to religious reasons he is not masturbating (when asked about this he answered shyly and blushed). His sexuality seems not yet fully developed. His religious feelings are pure and innocent, and he is connected to God with devotion and enthusiasm, without guilt or dogma. He loves music and wishes he were working in the field, but doesn’t because of financial reasons (he is easily discouraged).

Analysis: From understanding the Table of Plants the case can be placed in the first column with its naive and innocent quality. Faith, purity and a sense of direct connection to the source. Unformed Ego. Hypersensitivity, as if without a skin: the encounter with the everyday world is difficult for him, and he responds with an uncomfortable eruption, or by escaping into music. Within the column, the stage is the first one – the ‘pre-’ stage which reflects his not yet having begun his life and the fact that he has never left his mother’s house. The *Magnoliales* are suited to this primordial stage, especially given the feelings of alienation and being different from others. Among the remedies of this order, *Asimina* has similar skin problems.² *Asim* is related to the Annona fruit, which is the only thing he loathes eating.

Follow-up: With the remedy, given in LM potencies due to his sensitivity, he quit the job he didn’t like and went back to playing music. His skin condition³ improved by 80 percent. He has more confidence and feels ready to make changes, leave his mother’s house, and start his life at last. (Ilan Yosub)

Guatteria gaumeri

The typical indecisiveness and memory problems of the Order appear also in this small remedy, yet the thoughts become repetitive, persistent, tormenting, chaotic, and finally fixated.

Though indecisive, they tend to be overly responsible, which also can turn obsessive.

Physical affinity to kidney problems and gallstones. With peculiar symptoms of the facial skin becoming brown, face and tongue looking dirty – alluding to the general psoric nature of Column One.

The stomach is sensitive to any food [no vessel], particularly to spicy food. Tends to have stomach pains as a concomitant.

Magnolia grandiflora

Dizziness and confusion, which are expressed at the physical level: “Vertigo: in the evening, with gone-ness [sensation] in the stomach, with a dislike for physical labour, better going to bed..., beginning with blurring of sight” (Clarke). Feels unstable and dizzy. Symptoms and pains are wandering and constantly changing (as in *Puls*).

On the mental level this will be expressed as **vagueness and confusion** amplified by a feeling of being lost (confusion in space is typical of the first column). Boger describes this mental fatigue: “Mental and physical inability and

lassitude of mind and body, leading to despondency, confusion, apprehension and dullness of hearing. Working and studying is difficult. Repugnance to all occupations.”

Fears and anxieties typical of Row 1: Uneasy feeling, anxious and easily frightened, with much sadness (as a herb, *Magnolia* is used as a heart remedy). Beginnings and endings, birth and death are tied together, as can be seen in the fears: *Apprehensiveness that she will die*. Uneasy anxiety, with a feeling that something is wrong but without being able to put one’s finger on it, with an unreal sensation and *Extravagant dreams*.

Tendency to faint, cannot get enough sleep: “Weakness; with loss of consciousness as to actions” (Allen). The easy fainting has to do with not being fully grounded, with effortlessly departing this world. This accounts for the joint problems and rheumatoid arthritis, which are accompanied by a feeling of weakness and fatigue of the legs. The feet may be itchy.

Just as seen in the *Asim* case, they often reside in their parents’ house to a late age, even if they earn enough money. They might be successful in an intellectually, rather than physically demanding job, such as working with computers, but generally they feel that life is too fast for them, they can’t understand much of it, and generally wish to be left alone. In the interview they convey the feeling that their life does not happen, as if they live on the margins of life; hence the difficulty getting up in the morning and morning aggravation.

The weak connection to this world and the theme of ‘pre-existence’ explain the morning aggravation, precisely when it’s time to awaken into the world and go to work.

Left-sided aggravation relates to the Yin, feminine, and more vulnerable side, where the heart is also found. Indeed, there are many heart problems, such as heart-related rheumatoid fever pathology accompanied with an uneasy, vague feeling as if one is going to die: *Sense of great uneasiness about his chest*.

Magnolia is one of the oldest, true flowering trees, dating back to the Cretaceous period, 95–145 million years ago. The big, archaic flowers are indeed designed to accommodate the huge insects that lived in that era.

Today the tree is a widely cultivated ornamental, and its wood is used in carpentry (for boxes and cabinets).


Late to bloom and slow growing, it can become a huge tree.

- Proved by Dr Talavera, Mexico, 1882.

COLUMN FOUR

Dilleniidae

MATURITY AND NURTURING

 Column Four is botanically more evolved and complex than the previous columns. It is composed of multiple Orders and Families, each having its unique properties.

Nevertheless, there are several common themes that characterise the entire column (both from the Monocots and the Dicots).

COLUMN FOUR THEMES

- 🌿 Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself
- 🌿 Excessive responsibility within the family; maturity in immediate family relations
- 🌿 Pathology transmitted from one generation to the other through the mother
- 🌿 Attached/ detached, premature disconnection
- 🌿 Balance, stability, roots; receiving while remaining stable, supportive or supported
- 🌿 Trust and mistrust; existential insecurity
- 🌿 Digestive and metabolic issues

Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself

Following the brutal Column-Three attempt to utterly sever the connection to the feminine, in Column Four the process of separation is more balanced and mature; whereby the Ego, with its awakening masculinity, seeks to maintain a balanced dialogue with the nurturing feminine counterpart. The process involves a gradual separation from the mother and family, all the while striving to preserve balance in the realm of emotion (giving and receiving, existential security) and body (nervous and digestive systems).

The Ego development faces these uncertainties: Am I ready to mature? Have I obtained an adequate foundation for living? Are all my needs met so that I am able to continue to the next step? Will I be able to stand on my own yet remain nurtured and thrive? Can I give without being drained; can I receive without being belittled? What are the different effects, physically and psychologically, when one is nurtured from within or from without?

In Column Four, the role of nurture in human life is being mapped out. We can say that the Ego is seeking the nourishing energy it needs in order to develop mature qualities relating to love, nurturing, and even spirituality, balancing between giving and receiving and having enough for oneself. This will evoke issues of hoarding and existential insecurity, issues of maternal responsibility and of family dynamics with particular emphasis on relations with one's mother. Physically this will manifest as a tendency towards pathology of the





chest and breasts, as well as issues with lactation and digestion, reflecting the lack or excess of the nurturing quality.

The goal of the column is to reach Ego-stable maturity with respect to giving and receiving. In the mature state, a balance is achieved between the feminine and masculine elements, which in turn become a foundation and springboard for further development and individuation in the next column.

*Excessive responsibility within the family;
maturity in immediate family relations*

Imbalance in this column is expressed as the feelings of lacking a mother, difficulty in being a mother, or excessive and/ or early responsibility within the family (for instance, when the parents are not present and the child needs to mature early).

Thus, Column Four reflects not only the mother–child relationship, but also any relationships within the family. The relationship can be with anything that nurtures and grounds our existence: family dynamics (need or over-responsibility for the family, where our meaning is derived solely from our position in it and from giving to it – and finally from the way we are separating from it). More broadly, Column Four develops along the connection to one’s roots and the eventual separation required in order to continue evolving.

The core issues, then, are the position within the family; being nurtured by it; being nurtured as a baby or supporting and caring for the family as an adult (*Poales, Cucurbitales, Capparales*): in short, family vs personal needs, maturity as a parent or as a baby. Maturity in this sense is defined by giving or being given. Toward the end of the column there is over-maturity: a harsh, overly critical mother, or excessive giving to the family or exhaustion from giving, miserliness and a desire to separate and disconnect from the family as a source of nurture. In this context, excessive self-judgement and the need to appear ‘okay’ in the eyes of the family may lead to the development of a ‘False Self’,¹ with early responsibility and self-denial. This is the Cancer-miasm quality of the column. Ultimately the family serves as the practice-ground for giving and receiving, bringing up the archetypal theme of the conflict between personal and familial needs.

*Pathology is transmitted from one generation
to the other through the mother*

‘Chain of inheritance’, where the issue of the column is being transmitted from mother to daughter over a few generations, is often observed in the case. For example, the patient says that her daughter is always ill and this is a liability for her. Her history reveals that her own mother was always criticising her, was cold and unloving. The grandmother herself suffered horribly from *her* mother, who had grown up an orphan. Similarly, as in the case of a premature baby delivered by vacuum extraction. His mother said the pregnancy was difficult and she wished him out early [she could not contain him: no motherly vessel]. Deeper investigation reveals that she herself felt that her mother could not contain her emotionally all her life.

Attached/ detached; premature disconnection

The sensation of neediness is related to the theme of feminine nurture: there may be early disconnection from the mother and premature birth, induced birth (such as forceps vacuum delivery, or Caesarean).

The digestive system is not yet fully formed and the nervous system is immature, especially in the early stages of the column.

In other cases there may be a difficulty to separate (or else a need to separate) from the mother or father, excessive feelings of abandonment, forsaken feeling and a detached/ attached sensation.

1. The True Self and False Self are terms introduced by psychoanalyst Donald Woods Winnicott (1896–1971) to denote, on the one hand, the spontaneous authenticity of a fully present person and, on the other hand, the state in which others’ expectations override one’s original sense of self. The False Self typically arises in infancy under neglectful care as a defense against an environment perceived as unsafe or overwhelming. ‘Self’ here parallels Young’s uses of the term Ego, which we use in this book.

Later in the column there may be issues with sorting out or balancing the masculine and feminine qualities within: conflict between mind and emotion, desire for equality, effeminacy in men and a sense of emasculation.

Balance, stability, roots; supportive and supported, receiving while remaining stable

The main challenge in Column Four is receiving while remaining stable. Receiving in this sense is within the familial context: how to be nurtured by, and connected to, the family without being overtaken; how to stay stable, stand as an equal in relation to the parent or partner; and lastly, how to maintain equilibrium between one's feminine and masculine aspects.² This column serves within the Table of Plants as the turning point between feminine and masculine dominance, hence its concern with the balance between giving and receiving. The expression of this theme varies according to the stage of maturity within the column: dependence as a pathology will be found in early stages (instability in the face of separation), while later on premature responsibility for the family (ability to give while maintaining independence: *Abel, Bry, Choc, Kola, Capparales* Order), and finally in the latter stages, the "coming into conflict with the family until one is compelled to leave its yoke" (Klein).

Trust and mistrust; existential insecurity

Impairment in basic nurturing during the early stages of life leads to a fundamental lack of existential trust, resulting in a disordered sense of existential security, clinging, forsaken feelings, and various fears and phobias. On another level there are questions of affluence or its absence (*Delusions – poor: Bry, Bamb, Salx-f*).

Digestive and metabolic issues

There are many digestive problems along the entire alimentary tract, from the mouth and teeth to the oesophagus and intestines, down to the anus. There is an aggravation after eating, with flatulence, burping, abdominal pains and colic, Crohn's disease, metabolic ailments, and so forth. As an expression of imbalance in nourishment and affluence, every food that enters from the outside causes a reaction within the organism.



2. In Sankaran's work, Stable/ unstable are important sensations in the Poales, also belonging to the fourth column in the Monocots.



Theales

Clusiaceae (Guttiferae): *Gamb, Haru-ma, Hyper*

Dipterocarpaceae: *Dipt-t*


Theaceae: *Camel-j, Thea*

Column Four: Maturity and ripeness of the feminine, maternal, nourishing element. Family and mother-child dynamics. Giving and receiving. Balance, security. Affluence/deficiency. Accumulating, storing, abundance and scarcity. Digestive system.

Row 1: Pre-life, pre-birth, primordial, not ready. Not ready to be born, to start processes. Uterine issues, pregnancy, premature birth, induction.

Not present in the world, before life, life-death issues, connection to other realms. Subconscious domain. Mythical, shamanistic, otherworldly.

Location: The conjunction of the nourishing column with the first row is the ground for deficiency or unpreparedness in the context of motherhood, early physical development, and basic nurture.

 Although this Order is heterogeneous in appearance (as are other Orders in early stages of each column), its constituent species consistently display primitive flower characteristics such as numerous stamens and petals, and a variably multi-carpellate ovary (in contrast with the unvarying morphology of more advanced plants). Most species are bushes or trees, some of which contain useful alkaloids and essential oils.

THEMES

Inadequate nurture and nutrition: 'I did not get the basic foundation for life'

There is a fundamental lack of confidence in one's ability to step into the role of motherhood: not having received the basic nurture needed, one cannot provide it to another. Consequently, hesitation regarding the ability to become a mother and to nurture or to be nurtured in turn (this is the 'pre-life' quality of stage 1): the mother is unprepared to be the giver, and lacks the tools to do so. Physically the sensitivity to cold (lack of warmth and love) and general aversion to food, both express the deficient nutritive state. **The digestive system** stands between receiving from the world and dispersing its nutritious qualities through the body, a balancing point which is affected here. The idea of impaired nutrition is exaggerated in the first, 'pre-', not-ready row [not ready to be nourished] and is akin to the state of the undeveloped foetus in the womb, manifesting as premature birth or early motherhood, for instance. The disconnection from the source of nurture/ nutrition is physically premature [the first-row quality], or may be experienced as such, even if it had been timely. The lesson of the *Theales* is building an ability to receive and work with affluence, with what *is* – in a balanced way.

Nervous excitability, nervous system pathology

The nervous system is oversensitive due to its immaturity (a 'pre-' stage, not ready – as can be seen in premature babies). The function of the nervous system is to nourish the body with sensual impressions, without which it cannot survive. Nervous impulses translate the outside world into actual bodily sensations and as such serve as a bridge between worlds. The action of the first row is to connect and mediate between worlds, which sets the stage for nervous system

pathology: **nervous oversensitivity and physical or psychological hyper-reactivity**, with a wide variety of possible manifestations: mental overstimulation, auditory or visual hallucinations, neuronal sensitivity to cold and pain, pain intolerance, tics, epileptic fits, paralysis, anaesthesia, phantom pains and nerve atrophy. All of these reflect an impairment in nervous stimulation (as if the nervous system is feeding information to the body in an unbalanced way). Furthermore there might be poor ability to **control basic impulses** and primal instincts, resulting in violent behaviour or a dysfunctional maternal instinct.

Connection with the other realm, dissociation, floating, hallucinations

The first row is associated with the primal subconscious and its dark and shadowy aspect, the time before life, and the margin between the hidden and the manifested. One aspect is uncontrollable impulses arising from the subconscious: emotional instability, depressive tendencies and violent thoughts, even a desire to kill. Dreams of death or auditory hallucinations (such as the sound of knocking on a door, representing the transition between worlds). Another aspect is 'not yet present' in this world (*Hyper*) – seen in every first-row remedy. Hallucinations of ghosts, voices (*Thea*), and floating sensations, intensified by the hyper-aroused nervous system. The floating sensation is related to the immaturity of the physical body, which is therefore unable to hold down the astral body (not fully incarnated). Occasionally unresolved karmic issues seem to play an actual role in the case.

Gambogia (*Garcinia gummi-gutta*)

Complaints related to the digestive tract. Due to the first-row location and its 'pre-' theme, the digestive system is not fully mature, not ready to digest. Irregular stools, in consistency and colour. Noises from the stomach, tendency to flatulence, worse from sweets. Much abdominal pain in general. Thirst. Violent vomiting when ill; frightful vomiting.

A remedy for colitis (Vithoulkas) **as well as ulcerative colitis and Crohn's disease** [Crohn's disease causes problems in absorbing nutrients from the digestive system, so a question of nurture: receiving food but not being able to use it]. The overstimulation from the nervous system is also manifested in the digestive system.

Diarrhoea from slight errors in diet, even if said diet is extreme. Violent diarrhoea accompanying 'flu. Depression following suppression of diarrhoea. Summer diarrhoea and skin complaints in children.

A remedy for food poisoning. Stool with horrible odour. Involuntary diarrhoea. Worse either before or after stool. Rectum prolapse.

Strong sexuality. Issues with all that belongs 'underneath', 'down there', 'pre-' or before.

Oversensitive nervous system: Sensitive to cold, head and teeth especially. Sensitive to light, noise and odours. Chilly. Instability: *Delusions – reel, she was reeling*. Restless sleep, difficulty falling asleep and perspiring while asleep.

The 'dark underbelly' aspect of the first row is apparent as photophobia, depression, suicidal, quarrelsomeness and violence especially in the morning.

Violent symptoms. Always aggravated after sleep, in the morning following a night of 'not being here'.

Hypericum perforatum

The presence of the remedy in the pre-birth row relates it to the situation of a rapid, premature separation from the mother; i.e. a newborn removed too quickly from his mother's womb. "Suits those born in a difficult birth, where force was applied while pulling the head out, as in forceps birth" (Grandgeorge).

Garcinia morella (*Gamb, Gutti*)
Gummi gutta, Gamboge, Gutti
Family: Clusiaceae (Guttiferae)



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A resin is extracted from *Garcinia morella*, a shrub originating from China and Thailand (formerly Siam). The resin is collected from cuts made in the trunk of the tree. The active ingredient in the resin is Hydroxycitric acid, which inhibits synthesis of fatty acids in the body.

The herb generates a sense of fullness when eaten, and is thus used for suppressing appetite and stimulating loss of weight in various dieting formulas, often marketed as a 'miracle diet plant'.

Overuse causes diarrhoea, complaints of testicles and metabolic damage, i.e. acidosis.

Hypericum perforatum (*Hyper*)
St John's wort
Family: Clusiaceae (Formerly: Hypericaceae)



HYPERICUM OIL WITH FLOWERS, BERLIN
© MICHAL YAKIR

A medium-size herb, native to Eurasia, though distributed widely by man. Its preferred habitat is recently disturbed, nitrogen-rich soil, but it can survive in a wide range of environments with the ability to store reserves in its root crown which can be called upon during harsh times.

A red, oily resin is extracted from the plant. Research has shown it to have a beneficial effect on depression, and currently it is prescribed to those undergoing psychiatric treatment. In Russia the plant is also used to flavour a traditional soft drink, Baikal.

Caution should be taken, as ulcers and gangrene of the skin can result from the use of the oil, as the active ingredient undergoes some skin reaction if exposed to the sun. *Sensitivity to excess of light.* (Possibly oversensitivity to transcendent light as one is in an unprepared stage, explaining bad reactions after meditation or channelling).

1. The Greek name, “ghost summoner”, relates to the belief in the plant’s power to repel evil spirits, implying its relationship to the world beyond. This is expressed in the remedy as delusions of ghosts, floating and hallucinations. *Delirious and imagines he hears dead people.* At a Row 1 level, this ‘other world’ theme is often encountered.

2. The first row’s calling is to move the column onto the next stage, shifting from the last row in the previous column to the new column quest: but they are not yet ready. Here, the fear and unpreparedness of the first row is expressed also in the symptom: *Anxiety while crossing a bridge.*

The nervous system has not completely matured, thus it is highly sensitive. The leading idea is a difficulty separating from the nourishing provider; therefore it is a beneficial remedy for “weakness in women following delivery”.

Injury to the nerve ends, first-aid situations where the nerves have been injured; injury and rupture of spine; injury to ribs, pelvis; eye injury. Nerve pain in the jaw following dental treatment (even if years past). Blows to the testicles. Any situation of great pain related to nerve injury. “Following strong electric shocks or accidents – when the pain is extreme” (Rozenberg).

Pain in the cervical region (where nerves split), when the pain is extreme and unbearable. Bell’s palsy following dental treatment. Head injuries. Following nerve injuries: Asthma or convulsions following spine injuries. Spine sensitive to touch. Memory complaints or depression following an accident. Emotional instability following head injury. “A pregnant woman who fell on her back and is hysterical about the health of her foetus since” (from a case, Yael Bar-Shalom). Birth trauma and complaints following epidural analgesia.

The opposite can also be seen: “Neuropathy in old people. They complain of floating sensation while walking. Formication or burning sensations in the legs, extending to the upper limbs. At times they feel disconnected from the body” (Nehushtan).

Not entirely here (first row): Floating sensation or heaviness, a dull feeling in the body, fuzziness, memory problems. Unexplained fears and anxieties.¹ Talking to ghosts: not entirely in their body, they can communicate with the non-corporeal: entities not of this world.

Easily influenced. “For alleviating the bad effect of hypnosis” (Lippe). They feel others are intrusive and easily get stressed at work. They are prone to be affected by mystical experiences, as the nervous system is highly receptive and not protected. They float out and can’t return to their body after using drugs. Can get addicted easily.

Many fears and anxieties accompanied with confusion. Following grief, shock or meditation where out-of-body experience has occurred.² The inability to endure any physical or emotional pain is due to the hypersensitivity of the nervous system. Depression from slight reasons. Depression following an injury; following car accidents. The nerves are exposed, receiving too much information. The lack of confidence and the exposed nerves lead to alertness. “Symbolically being in fog aggravates them. Asthma attacks in fog” (Grand-george). In this context we can also understand Mangialavori’s addition to the rubric *Delusions – watched, she is being* (another level of being exposed).

Digestive pathology appears as well, with cramps and tenesmus after eating. Local heat sensation. Desires cold drinks; aggravation after drinking tea. In fact, MacFarlane suggests that the main symptoms in *Hyper* are the digestive ones: “Child nauseated; complains of great pain in stomach; sick whenever it eats; bowels loose, two to three times daily.”

A peculiar symptom is a black dot on the tongue.

CASE

A young woman who unexpectedly lost her husband in an accident. (Sudden separation, ‘as if nerves had been cut off suddenly’.) She did not react with great sadness as she kept sensing his presence. Since the loss, she sees ghosts and black objects. She has to take a shower eight times a day. Since his death she feels like an alien within her husband’s family. Her presenting symptoms were sinus complaints and back pain near a bulging vertebra. A peculiar symptom was a black dot on her tongue.

Analysis: Her husband was the breadwinner – the nourishment provider. When he died, the nourishing channel connecting her to the world was suddenly cut off.

Follow-up: With the remedy, the black dot, back pain and sinus complaints have all disappeared – as well as the ghosts. (R. Levy)